



UNIVERSITY OF OSTRAVA  
FACULTY OF MEDICINE

**INTERNATIONAL MODULES FOR EXCHANGE STUDENTS**  
**University of Ostrava**  
**Faculty of Medicine**  
**Department of Nursing and Midwifery**

In recent years, student exchanges have become an essential and highly desirable part of university education. They provide students with a chance to improve their knowledge and skills in their own subject as well as to compare intercultural differences in teaching, approaches towards patients, and life in general.

As part of the LLP/Erasmus programme, the Department of Nursing and Midwifery at the Faculty of Medicine offers two modules for exchange students who are interested in studying at our university. These modules are aimed at nursing and midwifery students in Bachelor degree programmes. They will take place during the summer semester every year, i.e. from the second week of February to the end of May. Exchange students will attend lessons together with other exchange students. This will be the theoretical part of the modules. Practical teaching will be provided by individual departments at Ostrava's hospitals, and will be attended by each student individually. All the application forms have to be submitted by 30 November prior to the year in which a student wants to come to our university.

The student will be able to choose one from two offered modules – a theoretical module and a theoretical/practical one.

The list of subjects is given below. Each module offers visits to various health care facilities according to the student's area of interest and the capacity of the department.

*1. Theoretical module*

In the theoretical module the student will attend lessons in the theoretical subjects s/he has chosen. The student will choose from both compulsory and optional subjects. The student will be given all necessary information concerning the subjects and crediting requirements by each individual subject teacher at the beginning of the summer semester. The student will attend lectures, take part in discussions and tutorials, write seminar papers etc. You can get more information on subjects by contacting [eva.janikova@osu.cz](mailto:eva.janikova@osu.cz).

*2. Theoretical / practical module*

In a theoretical / practical module the student will attend lessons at the university and will also do a practical placement at departments (mostly in ICU) of Ostrava hospitals (University Hospital Ostrava, Ostrava Municipal Hospital, Vítkovice Hospital). The student will be given all necessary information concerning the subjects and crediting requirements by each individual subject teacher at the beginning of the summer semester. Theoretical teaching includes lectures, discussions, tutorials, writing seminar papers etc. Practical teaching will



take place in the hospital departments under the supervision of an English-speaking mentor. The student will be given credits according to hours of work done in the hospital and the student's nursing documentation (written in English). As part of the practical placement students have to complete a minimum of 200 hours (maximum 300 hours).

Get more information by e-mail from [eva.janikova@osu.cz](mailto:eva.janikova@osu.cz) and/or at the websites of Ostrava's hospitals: [www.fno.cz](http://www.fno.cz), [www.mnof.cz](http://www.mnof.cz), [www.nemvitkovice.cz](http://www.nemvitkovice.cz).

If the student chooses a theoretical/practical module, she/he will have to get all necessary documents before departing for the Czech Republic. These are:

- Inoculation against Hepatitis B
- Certificate of good physical and mental health – extract from his/her medical record
- Clothes and shoes suitable for a practical placement in a hospital (if necessary, these could be lent to a student)
- Blank nursing documentation which is in common use in the student's home country hospitals
- Health insurance for a stay in the Czech Republic

After the student's arrival, she/he has to complete training on safety at work. This is obligatory for everybody who is working in a hospital.

### **Module structure:**

#### **1-A Theoretical module – compulsory subjects**

Czech for Foreigners	Doc. Mgr. Jaroslav David, Ph.D.	4 ECTS
The Czech Health Care System	Prof. Doc. PhDr. Darja Jarošová, Ph.D.	4 ECTS

#### **1-B Theoretical module – optional subjects**

Communication in Nursing	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Community Nursing and Home Care	PhDr. Radka Kozáková, PhD.	3 ECTS
Education in Nursing	Mgr. Eva Janíková	3 ECTS
English in Nursing	Mgr. Jana Vavrošová	3 ECTS
Health Care Psychology	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Human Needs and Nursing Diagnoses	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Multicultural Nursing	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Nursing Ethics	Doc. Mgr. Radka Bužgová, Ph.D.	3 ECTS
Palliative and Hospice Care	Doc. Mgr. Radka Bužgová, Ph.D.	3 ECTS
Pediatrics Nursing	PhDr. Lucie Sikorová, Ph.D.	3 ECTS



Surgical Nursing	Mgr. Eva Janíková	3 ECTS
Evidence Based Practice in Nursing	Prof. Doc. PhDr. Darja Jarošová, Ph.D.	3 ECTS
Volunteering in Health Care	Mgr. Eva Janíková	3 ECTS
Blood Centre, University Hospital Ostrava (excursion)	Mgr. Eva Janíková	1 ECTS

### 2-A Practical/theoretical module – compulsory subjects

Czech for Foreigners	Doc. Mgr. Jaroslav David, Ph.D.	4 ECTS
The Czech Health Care System	Prof. Doc. PhDr. Darja Jarošová, Ph.D.	4 ECTS
Practical Placement (200 hours)	mentor	10 ECTS

### 2-B Practical/theoretical module – optional subjects

Communication in Nursing	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Community Nursing and Home Care	PhDr. Radka Kozáková, PhD.	3 ECTS
Education in Nursing	Mgr. Eva Janíková	3 ECTS
English in Nursing	Mgr. Jana Vavrošová	3 ECTS
Health Care Psychology	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Human Needs and Nursing Diagnoses	PhDr. Lucie Sikorová, Ph.D.	3 ECTS
Multicultural Nursing	PhDr. Renáta Zeleníková, PhD.	3 ECTS
Nursing Ethics	Doc. Mgr. Radka Bužgová, Ph.D.	3 ECTS
Palliative and Hospice Care	Doc. Mgr. Radka Bužgová, Ph.D.	3 ECTS
Pediatrics Nursing	PhDr. Lucie Sikorová, Ph.D.	3 ECTS
Surgical Nursing	Mgr. Eva Janíková	3 ECTS
Evidence Based Practice in Nursing	Prof. Doc. PhDr. Darja Jarošová, Ph.D.	3 ECTS
Volunteering in Health Care	Mgr. Eva Janíková	3 ECTS
Blood Centre, University Hospital Ostrava (excursion)	Mgr. Eva Janíková	1 ECTS

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